

Recycle

waste materials into
new products.

Recycling

15 glass bottles
saves enough energy

to power a
laptop for
31.3 hours

or run the
A/C for
1 hour

Recycled paper
production creates



74%
less air pollution

35%
less water pollution

20 recycled cans
can be made with the
energy needed to
produce one new can



Every pound of
recycled plastic used

reduces energy
use in plastic production

84%

and greenhouse
gas emissions by

71%

HOW YOU CAN HELP

In Stores:

Shop for products **made with recycled materials.**

Buy items with **less packaging.**

Bring your own **bags.**

Buy only **what you need.**



At Home:

Ask to be **removed from paper mailing lists.**

Don't throw away anything that can be **reused or repaired.**

Donate unwanted electronics.

Print on both sides of **recycled paper** and use recycled paper.



Compost food scraps and yard waste.

In a lifetime, the average American will throw away **600 times their adult weight** in garbage

